



# Activity Therapists Association's CNA/Activity Assistant Workshop

## “My Best Friends”

*Presenter: Patricia Luster, CNA and Humorist*

Tuesday, June 8, 2010  
9:00 a.m. – 12:00 noon

King Home – 1555 Oak Ave, Evanston, IL, 60201

The Activity Therapists Association is proud to offer its first ever CNA/AA workshop. The cost for the workshop is \$10.00 per person, however in honor of our very special speaker, Patricia Luster who is a CNA, CNA's attending with an Activity Assistant from the same facility attend for free. This is a wonderful opportunity for direct care staff to share in three hours of education together for the low price of \$10.00.

### **About the Seminar and Presenter:**

**Patricia Luster** is a Certified Nursing Assistant at Dekalb County Nursing and Rehabilitation with over 30 years of experience working in long-term care. Patricia started out wanting a part-time job, but her plans changed, she now specializes in the care of people with dementia. Patricia will share her experience and knowledge on the importance of building relationships with the people she has cared for over the years. Her presentation, titled “My Best Friends” will discuss the principles outlined by Virginia Bell and David Troxel in their book, The Best Friends Approach to Alzheimer’s Care.

### **Objectives:**

This education session will enable participants to: determine appropriate approaches and interventions using elements of “knack”, renew and review importance of communication with people who have dementia, learn the importance of humor and how it can be useful.

### **Continuing Education Hours:**

A Certificate of Attendance for 3.0 Hours of Continuing Education will be distributed at the end of the session.

### **Agenda:**

8:30 a.m. Registration & Continental Breakfast  
9:00 a.m. “My Best Friends”  
12:00 p.m. Closing Remarks, Evaluations and Adjournment

**The King Home** is located at 1555 Oak Avenue in Evanston one block east of Ridge, between Grove and Davis. Davis is a one-way street going west so you must turn onto Oak from Grove. Parking is available on the street, limited space in parking lot. For more information please call Nancy Ichinose, 847-492-4872.

## Registration Form

Registration is \$10.00 per person, but a CNA accompanying an Activity Assistant from the same facility may attend at no charge.

Type or Print clearly:

Name: \_\_\_\_\_ Position: \_\_\_\_\_

Facility: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Position: \_\_\_\_\_

Facility: \_\_\_\_\_ Address: \_\_\_\_\_

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Facility: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

**Make checks payable to: ATA**

**Mail registration portion of flyer with payment to:**

Nancy Ichinose

1711 W. Oakton

Arlington Heights, IL 60004