



ATA Life Newsletter

Celebrate Yourself: Enhance Your Profession

Volume XXXII No. 8
May 2006

Wednesday, May 17, 2006
How We Communicate with Others
Mary Ann Anichini, RN/GNP
Location: Three Crowns Park
2323 McDaniel, Evanston, IL 60201

Mary Ann is presently employed at the Presbyterian Home as Director of Operation Excellence, a corporate quality improvement culture change initiative. She received a BS from Loyola School of Nursing, a MS from the University of Illinois Medical Center, and is certified in Rehabilitation Nursing and a Geriatric Nurse Practitioner.

Mary Ann has held positions as a Geriatric Nurse Practitioner, Director of Nursing, and Rehabilitation Nurse. She is a member of many professional organizations and has received awards in excellence from the American Journal of Nursing Clinical Excellence and for Distinguished Accomplishment in Community Service from the Loyola University Alumni Council.

Mary Ann has made many professional presentations at conventions and conferences. She has presented for the National Alzheimer's Association, Life Services Network, Public Health Clinicals, as well as other organizations.

Her topic for our May ATA meeting will be "Sharpening Our Communication Skills." We will learn techniques in the area of non-verbal communication, listening, dealing with emotional behavior, and giving feedback. Please join us for this insight into communication.

About Three Crowns Park: Originally founded as the Swedish Retirement Association in 1894, Three Crowns Park has a long history of serving seniors in Evanston and the North Shore of Chicago. In 2004 the community was renamed and embarked on an exciting expansion and renovation project which included the new independent living apartments, McDaniel Courts.

Directions from I94 - Edens Expressway: Exit at Old Orchard Road and go east. Stay on this road until it ends at Crawford. Turn right and travel two blocks to Colfax Street. Turn left (east) and follow Colfax 1/2 block (west) of McDaniel to the entrance of the Information Center.

President's Message

Sharon Wagner

In our field it is important to be recognized for our accomplishments and expertise. NCCAP (National Certification Council for Activity Professionals) certification is recognized worldwide. Check out their web site, www.nccap.org to view the different categories that may apply to your experience.



PLEASE NOTE! This year NCCAP is offering a very special certification opportunity. For a very short window, you can be certified as an ADC if you took an activity course of less than 90 hours between 1991 and 2001. You will need to document your experience, demonstrate commitment and dedication to the field of activities, and have ongoing continuing education to effectively implement the job duties. This window will close in December of this year. This is a great opportunity to use your experience and continuing education to be nationally recognized. Hurry as it does take time to gather the information required.

Also, it is very important that activity professionals learn about the updates to the CMS Activity Guidelines!! The Illinois Council on Long Term Care will sponsor programs so you can learn more. Refer to the additional information

NCTRC does not pre-approve any continuing education. NCTRC and NCCAP have not reviewed or approved the content of our programs, and do not endorse or sponsor any of the activities of the ATA. ATA uses Oakton Community College as its continuing education certifying body.

Membership Payment Reminder

All checks for membership fees must accompany a membership form. Otherwise the check will be returned and membership will not be processed.

Fax Number

When faxing items for the ATA Life newsletter (articles, job openings, craft projects, etc.) please use 312-673-4430.

ATA 2005-2006 Education Program
Celebrate Yourself: Enhance Your Profession
(unless otherwise noted all programs begin at 1:00 p.m.)

June 21: How to Bring Passion to Your Job: Tools to Bring to the Workplace. Reggie Reantaso BA, & Odette Prudencio BS, 3800 N. California, Chicago, IL 60618

ATA Job Hotline



ATA offers a Job Hotline for listing available positions. If you have a job to fill and would like to list it in the ATA Life newsletter, write up your information and e-mail it to Terry Fay at tfay@senr.com or fax it to 312-673-4430. Your ad will appear one time. If you would like the ad to continue in the next month's issue of ATA Life, contact Terry. Your ad will also be posted on the ATA website.

None posted this month.

REMINDER

1. ATA Membership Cards will be mailed to your home address.
2. Remember-the ATA board members meet at 12:00 p.m. At 1:00 p.m. we begin the general meeting, followed by a two-hour education session.
3. Can't find your CEU certificates? Requests for missing CEUs should be directed to the ATA President. There will be a \$2.50 charge per copy for CEUs earned within the last 12 months. If you are missing a certificate from a program that was offered more than one year ago, and the information can be located, a \$5.00 charge will be assessed for each duplicate requested.
4. Reminder... as a courtesy to others attending the meeting and educational session, please set pagers and/or cell phones to vibrate or turn them off.
5. **Regulation reminder!** Remember that per state regulations your activity assistants are now required to acquire 10 in-service hours per year. The ATA education sessions meet this requirement.
6. ATA Resource Library - As a benefit to members, a resource library has been established to preview materials available to Activity Departments. Resource materials can be borrowed at ATA meetings and **MUST** be returned at the NEXT meeting. Overdue materials will be charged \$1.00 per week. This is your resource so please tell us what would make your job easier, and we will purchase it. Contact Mike Guidotti or bring your ideas to the next meeting.



Entertainment Fair - Friday, June 2

Hear and See Them Before You Book Them

An Entertainment Fair will be held at St. Pauls House and HCC on Friday, June 2. Mark you calendars. The event will help activity professionals flush out new faces and talents. Potential entertainers are invited to give a brief demonstration of their show. That way the audience can judge the appropriateness for their community, find out what their fees are, ask questions, etc. There is no charge to attend. Just show up and enjoy this great opportunity!

St. Pauls House and HCC is located at 3800 N. California Avenue, Chicago, IL 60618. Please call Reggie at 773-478-4222 x343 if you have any questions.

36-Hour Activity Director Course

June 13, 15, 20, 22, 27, 29, 2006

Taught by

Susan Quattrochi-Tubin

Ph.D., CTRS, CPRP, CDP, ACC, CAC, LNHA

Susan Quattrochi-Tubin

is a Certified Therapeutic Recreation Specialist (CTRS)

And

Certified Dementia Practitioner/Instructor (CDP)



This course fulfills all requirements for Illinois Activity Director and fulfills the new Dementia Regulations for Section 300.7040 Activities.

*To register call: 847-635-1794.

Ask for Ms. Cathie Borst.

Oakton Community College

1600 East Golf Road, Des Plaines, IL 60016

Mark Your Calendars!!!

Quality Care Consulting Services, Inc.

Susan Quattrochi-Tubin, President

New Address:

4064 North Lincoln Avenue #308

Chicago, IL 60618-3038

Same Phone Number:

773-685-3059

New Fax Number:

773-632-2022



Same web site address:

www.qualitycarecs.com

Same email address:

qltycare@aol.com

WE'RE ON THE INTERNET!!!

ATA is now on the Internet!
Watch us as we grow and develop our web site!

Contact us at:

www.geocities.com/ata_activities

*Job listings are now posted on our ATA website.

Check out our website
for a fun surprise,
freebie, or contest.



May Craft Project
Bon Bon Cupcake Guest Soaps

Source: CraftPlace.org

Materials needed:

1. 6 one-inch cubes of white soap
2. 4 one-inch cubes of clear soap
3. Heart candy mold for 12 one-inch hearts
4. Red and blue soap dye (no food coloring)
5. 1 and one-half inch X 1 inch white paper candy cups
6. 1 teaspoon of clear iridescent fine polyester glitter
7. Rubbing alcohol in a spray bottle
8. Petroleum jelly, cooking oil or non-stick cooking spray
9. Microwave oven
10. Microwave-safe measuring cups or bowls
11. Measuring spoons
12. Sharp, smooth knife
13. Craft sticks (to stir melted soap)
14. Plastic wrap
15. Optional: soap fragrance or scented oils (no alcohol based perfume)



Directions:

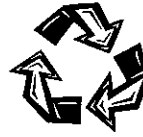
1. Reinforce 4 paper cups each with 3-4 other cups. (The outer cups will be removed later.)
2. Place the white soap cubes in microwave-safe measuring cup and microwave on high for 30 seconds. If necessary, microwave at 5 second intervals until melted.
3. Add 2 drops of red to tint pink. You may add fragrance at this time, if desired.
4. Let cool until no longer steaming and carefully pour liquid soap into 2 cups.
5. Add a drop of blue to the pink soap to turn it lavender and fill 2 more cups. Pour into cups within a short space from the top. Do not fill to the top. Spritz with rubbing alcohol to prevent bubbles.
6. Melt 1 cube of clear soap, add a drop of blue dye and a pinch of glitter.
7. Pour into a heart mold lightly greased with oil or petroleum jelly.
8. Melt the remaining cubes, add a drop of red and the remaining glitter. Then fill another heart.
9. Add a drop of blue to make lavender and fill 2 hearts.
10. Let set.
11. For easy removal, put the molded soap into the freezer for a few minutes until hard. Then run warm water over the mold to loosen the soap.
12. Remove the hearts.
13. Use a dab of melted soap to glue lavender heart to each lavender bon bon. Glue the remaining hearts to the pink bon bons.
14. Discard the outer "support" paper cups.

New Interpretive Guidelines
for F248 & F249 Released

Illinois Council to Sponsor Educational Sessions

Myrtle Klauer, ADC, CAP

The long awaited new interpretive guidelines for F248 and F249 were released on March 10, 2006 and are effective immediately. Surveyors will use these guidelines for surveys taking place on and after July 1st of this year. These are some of the most sweeping changes to the survey process for resident activities and the personnel delivering these services. The new guidelines clearly define the importance of leisure and recreation activities to the residents' perceived quality of life.



Previously the guidelines for these tags were two pages in length. Now there are 26 pages with definitions, examples, and results of studies. These guidelines provide many examples of how the entire facility staff is responsible for helping the residents enjoy their leisure time.

A Psychosocial Outcome Severity Guide was released at the same time and means that a facility can be cited for doing harm to residents when the residents' leisure and recreation needs are not met. It is possible for facilities to be cited with an immediate jeopardy for not providing an individualized activity program to meet the unique needs of all the residents!

Illinois Council on Long Term Care will sponsor several presentations to review how surveyors will be determining OBRA compliance under the new guidelines. These seminars are relevant for administrators, corporate compliance, quality assurance managers, activity and social service directors, and activity consultants.

For more information go online and access:

www.nursinghome.org

You will be able to register with a credit card or download a registration form.

Times and Locations

Tuesday AM, May 23, 2006

8:30 a.m. to 11:30 a.m. Check-in at 8:00 a.m.
Skokie Holiday Inn - 5300 Wet Touhy Ave., Skokie

Tuesday PM, May 23, 2006

1:30 p.m. to 4:30 p.m. Check in at 1:00 p.m.
Oak Lawn Hilton Hotel
9300 South Cicero Ave., Oak Lawn

Wednesday PM, May 31, 2006

1:30 to 4:30 p.m. Check in at 1:00 p.m.
Springfield Northfield Inn

The 2005-2006 ATA Board

President Sharon Wagner	H(847)526-1680 W(847)492-4817 F(847)570-3442	Debra Greiner H(815)332-1549 W(815)758-2477 F(815)758-3176
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