



ATA Life Newsletter

Control, Alt, Delete: Logging Into New Ideas

Volume XXIX No. 7
April 2007

April 18, 2007

Therapeutic Value of Music

Ann Scheerer CTRS
Friendship Village
350 W. Schaumburg Road, Schaumburg, IL 60194



About the Program: Participants (including those we are not board certified or registered music therapists) will be able to understand and use basic music concepts and actual experiential ideas such as bell choirs, music appreciation and music games/exercises to run a "general" music group and to meet the needs and goals of their clients.

About the Speaker: Ann Scheerer, CTRS, a Quality Care Consultant, provides consultation to activity and psychosocial departments in the areas of documentation, management, group leadership, general geriatric, psychiatric, DD, and hospital in-servicing. Ann also speaks for the profession and gives advice on PH, Joint Commission, IOC, assisted living and retirement regulations.

About Friendship Village: Friendship Village of Schaumburg is a Continuing Care Retirement Community dedicated to providing adults 62 and older with living options aimed at promoting good health and interesting, fulfilling lifestyles. Residents have access to a variety of services and amenities enhancing their ability to retire their own way.

As a CCRC, Friendship Village offers a range of living options including residential living, assisted living, and skilled nursing. Regardless of what life brings, at Friendship Village you can find the right living accommodation at the right time. You will also find friendly faces, a welcoming atmosphere, and a team of dedicated professionals. Since opening its doors 30 years ago, Friendship Village has built a strong reputation for providing quality care to older adults. It was the first retirement community in Illinois to earn accreditation from the Continuing Care Accreditation Commission and the only one to be reaccredited three times.

Friendship Village Location: Friendship Village of Schaumburg is located 2.5 miles South of I-90 and 0.4 miles West of Roselle Road at 350 West Schaumburg Road in Schaumburg, IL

ATA Needs Your Email Address

Have you missed some of the great ATA events? Maybe we did not have your email address so we could send you a reminder? Get up to the minute changes by sending your email address to us via the ATA website, www.atachicago.org. Need a free email account? Contact Yahoo, Hotmail, or Gmail for a secure free account.

ATA Sponsors

Four Scholarships for its Members!

ATA is proud to offer its membership scholarship opportunities. It's a great way to enhance your professional development. We are the only local activity association in the state of Illinois to offer four scholarships. We encourage you to review these forms and apply today. These scholarships are presented annually at our June meeting. Applications for each scholarship are accepted between February 1st and May 1st. **Application forms are available through the ATA website. Please feel free to copy and share them.**

Members in the News

Rita Lopienski, Regional Director of Pathway Senior Living, will present four seminars at the National Association of Activity Professionals, April 19 and 20.

Stacy Epps was recently appointed as a biographical candidate to represent Chicago in the Empire "Who's Who Among Executive and Professional Women in Medicine and Healthcare." This announcement will be published in the upcoming 2007 *Honors Edition* of the registry. Candidates are appointed based on their current position as well as information obtained through researched and professional listings, as well as individual achievements.

Piano - Free to a Good Home

Nancy Ichinose has an upright piano that she would like to give away. The piano is in good condition and needs a little tuning. It's also located in her basement so you would need to make arrangements to have it moved. Call Nancy at 847-392-4274.

NCTRC does not pre-approve any continuing education. NCTRC and NCCAP have not reviewed or approved the content of our programs, and do not endorse or sponsor any of the activities of ATA. ATA uses Oakton Community College as its continuing education certifying body.

2006-2007 Education Program - *Meetings start at 1:00 p.m.

May 16: *Addressing the Needs of Short Term Stay, Rehabilitation and Younger Residents.* Nancy Richman, BS, OTR/L, FAOTA. Lexington Square, 555 Foxworth Blvd., Lombard, IL 60148

June 20: *Fun and Exciting Games for People with Alzheimer's Disease.* Kate Black, CTRS. St Pauls House and Health Care Center, 3800 N. California, Chicago, IL 60618

A Message from ATA President, Mike Venezia

Wow! Our March 7th Activity Aide Workshop was a great success! Fifty-three people attended and got crafty advice from Carla Smith. Thanks so much Carla!

And at the March meeting, Fred Waltzer had some great insights on meeting the needs of the male population in our facilities. We are looking forward to what Ann Scheerer has to share with us this month. Michael Fehland of our Nominating Committee needs you! If you have been an active ATA member for at least one year, please consider running for a Board position. Voting for the slate of officers will be in May with the new Board presented at the June meeting. Michael is especially seeking someone to serve as Secretary for next year.



The Education Committee is planning our sessions for next year. If you have any suggestions for speakers, topics, information, ideas or suggestions, and would like to join the Education Committee, please contact Vicky Knoll. The next year coming up will be ATAs 30th Anniversary! Thanks everyone for your support. Remember, YOU can help ATA be all it should be! Have a great month and a wonderful Easter. See you at the April meeting!

Attention Members!

Step Forward and Join Your ATA Board!

The Activity Therapists Association will soon celebrate its 30th Anniversary! ATA has succeeded and enjoyed 30 years of success because of the commitment of its members and their willingness to step forward and assure the continuation of ATA.

Have you met new friends and contacts through ATA meetings? Did the educational sessions bring you needed information to enhance your job performance? Did the members and speakers remind you of what an important job you do? And how much you really do love it? If you answered yes to any of the questions then it is time for you to step forward and contribute to the continuation of ATA!

Positions for the ATA board will soon be open. We NEED your help. Please consider running for a position on the board for the upcoming year. It is a wonderful way to give back to the organization that does so much for our profession. Please contact Bernadette Bartus at 773-282-7000 x 3748 or Michael Fehland at 847-492-7711 if you are interested. We need your response by April 20, 2007.

Call for "New" Entertainers

Please submit names, addresses and phone numbers, and email addresses of entertainers that you would like to see included in the 2007 Entertainment Fair at St Pauls House to be held sometime in May 2007. We would prefer to see "newer" faces, people who have not been in our entertainment fair before. Email your information to Reggie Reantaso at: reantaso@stpaulshouse.org. You can also mail it to Reggie care of St. Pauls House & Health Care Center, 3800 N. California, Chicago, IL, 60618. For more information contact Reggie at 773-478-4222.

REMINDER

1. ATA Handbooks are available.
2. ATA Membership Cards should be mailed to your home address.
3. Remember-the ATA board members meet at 12:00 p.m. At 1:00 p.m. we begin the general meeting, followed by a two-hour education session.
4. Can't find your CEU certificates? Requests for missing CEUs should be directed to Nancy Ichinose. There will be a \$2.50 charge per copy for CEUs earned within the last 12 months. If you are missing a certificate from a program that was offered more than one year ago, and the information can be located, a \$5.00 charge will be assessed for each duplicate requested.
5. Reminder... as a courtesy to others attending the meeting and educational session, please set pagers and/or cell phones to vibrate or turn them off.
6. **Regulation reminder!** Remember that per state regulations your activity assistants are now required to acquire 10 in-service hours per year. The ATA education sessions meet this requirement.
7. ATA Resource Library - As a benefit to members, a resource library has been established to preview materials available to Activity Departments. Resource materials can be borrowed at ATA meetings and MUST be returned at the NEXT meeting. Overdue materials will be charged \$1.00 per week. This is your resource so please tell us what would make your job easier, and we will purchase it. Contact Mike Guidotti or bring your ideas to the next meeting.

April Craft Project Clay Bird Baths

Source: <http://familycrafts.about.com>

Materials:

1. One 16 inch or larger terra cotta clay pot
2. One 16 inch or larger terra cotta clay saucer
3. Rub-on decals
4. Clear acrylic sealer spray



Directions:

1. Wipe down the terra cotta pot and saucer with a damp cloth. Let dry completely.
2. The decorating ideas are endless. You can find an attractive stencil and paint it. Or try sponge painting. For this project however, we suggest simple rub-on decals available at many craft stores.
3. The main trick is to seal the bird bath well. Use the clear acrylic sealer spray. (Make sure you store the bird bath inside during cold weather months.)
4. When the deal is dry, rub the decals on.

ATA Job Hotline



ATA offers a Job Hotline for listing available positions. If you have a job to fill and would like to list it in the ATA Life newsletter, write up your information and e-mail it to Terry Fay at tfay@seniorlifestyle.com or fax it to 312-673-4430.

Your ad will appear one time. **Your ad will also be posted on the ATA website.**

1. **King Home, 1555 Oak Street, Evanston, IL, 60201**, is seeking an Activity Assistant for a 20-hour flexible schedule in their Continuing Care Retirement Community. This individual will plan and implement purposeful activities primarily in their health care center. Previous experience with older adults a plus. Minimum computer skills are required. Please forward your resume to the Director of Activities at the above address.
2. **The Georgia Department of Human Resources (Division of Mental Health, Developmental Disabilities, and Addictive Disorders)**, is seeking qualified candidates for two Activity Therapist positions at Georgia Regional Hospital at Savannah (www.garegionalsavannah.com). Therapists will deliver programs to clients, prepare assessments and participate in the inter-disciplinary treatment team. They may supervise therapists, activity leaders and other direct care staff. A Bachelors Degree and/or experience is required. NCTRC certification is preferred. Email your cover letter and resume (in Microsoft Word format) to: grhs_hr@dhr.state.ga.us. Note "Activity Therapist" as the subject.

ATA Board Meeting Minutes - 2/21/07

- The ATA Advisory Board met on February 7th. Questions and responses will be posted in the March ATA Life.
- The Board extends a big thank you to Nancy Ichinose and Muriel Brunger for the wonderful January luncheon.
- Members wanting to run for positions on the ATA Board need to contact Michael Fehland, Bernadette Bartus or Nancy Ichinose by March 2.
- Work continues on next year's program. The agenda needs to be finalized by May 1. Theme names are being discussed as next year is the 30th anniversary of ATA.
- IAPA and ATA award submissions need to be turned in.
- Myrtle Klauer has extra NAAP Conference booklets.
- ATA members are signing in without giving their Social Security numbers. This information is required for members to receive CEUs.
- ATA will look for a better method of processing registration, securing information, keeping track of which members have received handbooks, and on-going guests who are not members receiving member benefits.
- A new 2007 version of Quicken software was purchased. The secure ATA site is almost ready to go. Our Treasurer successfully experimented with a trial version of Adobe that might help with on-line registration. This would be excellent for surveys and suggestions.
- Education Committee will meet March 1.

- ATA has resources that have been checked out for longer than the approved time span. Michael Guidotti will follow up.
- Bernadette Bartus reported that Kohls has agreed to donate to our raffle every month and will donate a larger prize for the 30th anniversary.
- This years IAPA convention will be held in Peoria. The hotel is very nice and will have plenty of room to accommodate our organization. Plans continue to be made. In 2008 the convention will be held in Springfield.

Respectfully submitted by Amanda Keaton
ATA Secretary

36-Hour Activity Director Course

June 12, 14, 19, 21, 26, 28, 2007

Taught by

Susan Quattrochi-Tubin

Ph.D., CTRS, CPRP, CDP, ACC, CAC, LNHA

Susan Quattrochi-Tubin

is a Certified Therapeutic Recreation Specialist (CTRS)

And

Certified Dementia Practitioner/Instructor (CDP)

This course fulfills all requirements for Illinois Activity Director and fulfills the new Dementia Regulations for Section 300.7040 Activities "...full-time activity professional who meets the requirements of Section 2090.1410 ©." = has taken the 36 hour course.

*To register call: 847-635-1794.
Ask for Ms. Cathie Borst.



Oakton Community College
Continuing Education for Health
Professionals
1600 East Golf Road
Des Plaines, IL, 60016
Mark Your Calendars!!!

Quality Care Consulting Services, Inc.

Susan Quattrochi-Tubin, President

4064 North Lincoln Avenue #308

Chicago, Illinois 60618-3038



Office: 773-685-3059

Fax: 773-632-2022

Email: qltycare@aol.com

Please visit our Website:

www.qualitycarecs.com



ATA is on the Internet!
Watch as we grow and develop
our website.
Contact us at:
www.atachicago.org

The 2006-2007 ATA Board

President Mike Venezia	H(773)625-2042 W(847)266-9266 F(847)266-9240	2006-2007 Education Chair.....	Vicky Knoll H(630)238-0030 W(630)766-0605
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Secretary Amanda Keaton	H(773)263-1879 W(630)629-2900 F(630)620-0433	Newsletter Editor.....	Terry Fay W(312)673-4393 F(312)673-4430
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Membership Co-Chair *Paula Tagliere	H(708)865-8858	IAPA Liaison.....	Stacy Epps H(773)238-3165 W(773)989-1350 Ext. 1489 F(773)989-1351
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Nominating Committee Advisor.....	Nancy Ichinose		
and Immediate Past President			
Nominating Committee	Bernadette Bartus H(847)981-8885 W(773)282-7000 ext. 3748 Michael Fehland H(847)872-1676 W(847)492-7711 F(847)492-2672		

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