



# ATA Life Newsletter

## Control, Alt, Delete: Logging Into New Ideas

Volume XXIX No. 9

June 2007

**June 20, 2007**

### ***Fun and Exciting Games for People with Alzheimer's Disease***

Kate Black, CTRS  
St. Pauls House and Health Care Center  
3800 N. California, Chicago, IL 60618  
773-478-4222

**The ATA Board meeting begins at 12:00 p.m., followed by the membership meeting and education session at 1:00 p.m.**

#### **Objectives for this program:**

- To learn new and fun activities to share with your residents
- Learn how to utilize the resident's current abilities and social skills
- Learn to adapt your programs to the resident's current abilities
- Learn to add games to your daily activity schedule

**About the speaker:** Kate Black is a CTRS and received her degree from San Diego State University. Kate is a consultant for Glantz/Richman Rehab, where she has been working for over 16 years. She consults in the Chicago area and specializes in Activities, Alzheimer's Disease, Rehab, MI and Social Services. In addition to ATA, Kate has presented for IAPA and the Illinois Council on Long Term Care.

#### **Directions to St. Pauls House:**

**From the North or South:** Travel on Western Avenue to Irving Park. Take Irving Park to California.

**From the West Suburbs:** Take the Kennedy expressway to exit 45A which is Addison. Travel East on Addison until you come to California. Turn left/North on California.

**From the Chicago Lakefront area:** Take Lake Shore Drive North or South to the Irving Park exit. Travel West on Irving to California. When you come to California turn left and travel South on California.

**From the East:** I 90 W/I94 to exit 46B, West Diversey Avenue. Travel to California and turn right. Continue to St. Pauls.

**About St. Pauls House:** Based on the Christian tradition of care, St. Pauls House and Health Care Center caters to the human spirit. Residents have a life full of loving care, social services and spiritual growth. St. Pauls House provides assisted living that caters to people that need occasional help throughout the day. St. Pauls Health Care Center provides constant care and rehabilitation programs.

### ***A Message from ATA President, Mike Venezia***

Wow! Where has the year gone? I hope everyone remembered to get their Ballots into Mike Fehland by June 1st. It will be good to introduce our 30th Anniversary ATA Board at this June meeting. At the writing of this article there are still positions open. If you'd like to help, please contact



Mike Fehland or any member of the ATA Board. I'm sure everyone appreciated our May program and now it will be exciting to hear what Kate Black has in store for us on June 20 at St. Pauls House. If you didn't get a scholarship award application into Myrtle Klauer, well, you'll have to wait until next year to apply.

This June newsletter and ATA say good-bye to our dear friend and Newsletter Editor, Terry Fay. Hats off to Terry Fay!! Terry has been our newsletter editor for many years and is completing a permanent move out of state. Nancy Ichinose has "stepped up" to be our Editor but if there is an ATA member who has been consistent in their ATA attendance for a minimum of one year and is interested in learning and doing the job for a good stretch of time, please let Nancy know.

Everyone, have a GREAT summer! Mark your calendars and plan to be with us in September for our the kick-off to our 30th anniversary year!

### **Is This Your Year to Step Up to the ATA Board?**

Congratulations to ATA! We are going into our 30th Anniversary! We were the first local association in Illinois and helped form the state organization as well as the national organization. ATA has the largest membership in the state and by far the most successful in terms of finances and education, but... we will not be able to remain in this position if we continue to rely on the same handful of people who pull everything together each month.

The ATA board meets at 12:00 p.m., prior to the education session. Everyone is welcome. Please plan on visiting the June board meeting so that you can see what we do and find out how you can help.

***See you there!***



### ATA Job Hotline

ATA offers a Job Hotline for listing available positions. If you have a job to fill and would like to list it in the ATA Life newsletter, or are looking for a position, write up your information and e-mail it to the ATA newsletter editor. Your ad will appear one time. If you would like the ad to continue in the next month's issue of ATA Life, contact the newsletter editor. **Your ad will also be posted on the ATA website.**

1. **Westminster Place of Presbyterian Homes in Evanston** is looking for a full-time Activity Therapist to work in their Health Care Center. Applicants should have a Bachelors Degree in a related field and experience running group activities and programs with older adults is preferred. Fax your resume to 847-570-3442 or call Human Resources at 847-492-2905.



1. ATA Handbooks are available.
2. ATA Membership Cards should be mailed to your home address.
3. Remember-the ATA board members meet at 12:00 p.m. At 1:00 p.m. we begin the general meeting, followed by a two-hour education session.
4. Can't find your CEU certificates? Requests for missing CEUs should be directed to Nancy Ichinose. There will be a \$2.50 charge per copy for CEUs earned within the last 12 months. If you are missing a certificate from a program that was offered more than one year ago, and the information can be located, a \$5.00 charge will be assessed for each duplicate requested.
5. Reminder... as a courtesy to others attending the meeting and educational session, please set pagers and/or cell phones to vibrate or turn them off.
6. **Regulation reminder!** Remember that per state regulations your activity assistants are now required to acquire 10 in-service hours per year. The ATA education sessions meet this requirement.
7. ATA Resource Library - As a benefit to members, a resource library has been established to preview materials available to Activity Departments. Resource materials can be borrowed at ATA meetings and **MUST** be returned at the NEXT meeting. Overdue materials will be charged \$1.00 per week. This is your resource so please tell us what would make your job easier, and we will purchase it. Contact Mike Guidotti or bring your ideas to the next meeting.

### 36-Hour Activity Director Course

June 12, 14, 19, 21, 26, 28, 2007

Taught by

**Susan Quattrochi-Tubin**

**Ph.D., CTRS, CPRP, CDP,ACC, CAC, LNHA**

**Susan Quattrochi-Tubin**

**is a Certified Therapeutic Recreation Specialist (CTRS)  
And**

**Certified Dementia Practitioner/Instructor (CDP)**

The 36-Hour Course fulfills all requirements for Illinois Activity Director and fulfills the new Dementia Regulations for Section 300.7040 Activities "...full-time activity professional who meets the requirements of Section 2090.1410 ©." = has taken the 36 hour course.

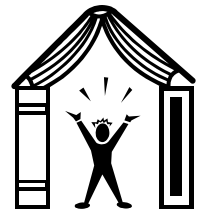
**JUST ADDED!**

**Supervision: Is it an Art or a Craft?**

**August 2, 2007**

\*To register call: 847-635-1794.  
Ask for Ms. Cathie Borst.

**Oakton Community College**  
Continuing Education for  
Health Professionals  
1600 East Golf Road  
Des Plaines, IL, 60016  
Mark Your Calendars!!!



### Quality Care Consulting Services, Inc.

**Susan Quattrochi-Tubin, President**

4064 North Lincoln Avenue #308

Chicago, Illinois 60618-3038

Office: 773-685-3059

Fax: 773-632-2022

Email: [qltycare@aol.com](mailto:qltycare@aol.com)

Please visit our Website:

[www.qualitycarecs.com](http://www.qualitycarecs.com)



**ATA Has a  
New Website!!**

ATA is on the Internet!  
Watch as we grow  
and develop our new website.

Contact us at:

**[www.atachicago.org](http://www.atachicago.org)**

**ATA Board Meeting Minutes**  
**Wednesday, April 18, 2007**

- ATA Board continues to work diligently to develop the nomination slate.
- Education session topics need to be finalized by May 1.
- ATA Board continues to promote member participation in applying for the ATA Scholarships.
- Board approved an additional award for next year, Volunteer of the Year.
- Board discussed having scholarship application/nomination awards should be available sooner next year.
- Friday, April 20, is the last day to submit information for the May issue of ATA Life.
- Treasurer Reggie Reantaso submitted a detailed Income/expense report as well as a complete report on the Activity Assistant Workshop.
- Michael Guidotti reported that resources continue to be collected.
- Bernadette Bartus reported that Kohl's and Wal-Mart have agreed to donate regularly to ATA.

Submitted by Amanda Keaton  
ATA Secretary

*Regarding ATA Continuing Education Programs:  
NCTRC does not pre-approve any continuing education.  
NCTRC and NCCAP have not reviewed or approved the  
content of our programs, and do not endorse or sponsor  
any of the activities of ATA. ATA uses Oakton Community  
College as its continuing education certifying body.*



***Celebrate Good Times***



Illinois Activity  
Professionals Association  
Presents it's  
28th Annual Conference  
October 24-26, 2007  
Rock Island, Illinois

**[www.illinoisactivities.org](http://www.illinoisactivities.org)**  
**Or call Nancy at 847-342-1814**

**June Craft Project**  
**Star-Rimmed Basket**  
**Source: LHJ.com**

**Materials:**

1. Basket - A bushel type basket works best
2. White stain gel
3. Paintbrush
4. Disposable foam plates
5. Acrylic paints in barn red and navy
6. Wood stars, one inch to two and one-half inch
7. Fine sandpaper
8. Tack cloth
9. Hot glue gun and hot glue stick



**Directions:**

1. Paint the basket using the white stain gel and a wide flat brush. Place some gel on a foam plate. Paint vertical strokes until the basket is well covered. Let the stain gel dry. Paint another coat if a more opaque color is desired.
2. Put a dab of barn red and navy blue paint on a plate. Thin the paint with water, about one part paint to one part water.
3. Paint the stars. Let the paint dry. Using fine sandpaper, lightly sand the stars. Sand the edges to create a worn look. Brush off dust and wipe with the tack cloth.
4. Using the hot glue, layer contrasting small stars over large stars. Then hot glue the stars onto the rim of the basket, alternating colors and sizes of stars.
5. Fill with your favorite patriotic items or food.

**July Craft Project**  
**Wheelchair Painting**

**Source: [www.recreationtherapy.com](http://www.recreationtherapy.com)**



Spread a large sheet of paper, fabric, or bed sheet on the floor. Pour or splatter paint on the "canvas." Invite residents using wheelchairs to run their wheelchairs all over the canvas. Be sure to have water and towels to clean the wheelchairs. Display the painting. Be sure to have all the residents who participated in the work of art

